

SANDWICH PLATTERS

OUR BREAD IS BAKED FRESH EACH MORNING BY OUR LOVELY BAKERS 'PROPER BREAD' IN MONTPELIER

GLUTEN FREE BREAD AVAILABLE
VARIOUS VEGAN OPTIONS



ECO BOX DEALS

JUST SARNIES

mix of classic and premium sandwiches / £4.25 pp

SARNIES AND FRUIT

mix of classic and premium sandwiches, fresh fruit platter and crisps / £5.95 pp

SARNIES AND CAKE

mix of classic and premium sandwiches, selection of cake bites and crisps / £5.95 pp

BUSINESS LUNCH

mix of classic and premium sandwiches, 1 savoury, selection of cake bites and crisps / £6.95 pp

EXECUTIVE BUSINESS LUNCH

mix of classic and premium sandwiches, 2 savouries, selection of cake bites, fresh fruit platter and crisps / £9.45 pp

BEVERAGES

FRESHLY SQUEEZED JUICE

e.g. orange, apple, pineapple, blueberry, mango and passion fruit / £2.50 per litre

INDIVIDUAL BOTTLE/CANS

various options available on request

ADD A SALAD ON THE SIDE?
[CLICK HERE TO VIEW ALL THE SALAD OPTIONS](#)

BUILD YOUR OWN

JUST SARNIES

mix of classic and premium sandwiches / £4.25 pp

CAKE BITES

selection of 2 cake bites per person e.g. salted caramel/chocolate brownie (gf), mocha flapjack (v), spiced pumpkin seed and cherry flapjack (vg) / £1.95 pp

FRESH FRUIT PLATTER

selection of fresh fruit e.g. pineapple, melon, mango, apples and raspberries / £1.95 pp

PIECE OF FRUIT

singular piece of fruit e.g. apples, bananas, satsumas and pears / £0.50 pp

SAVOURIES

sausage rolls e.g. cider braised pork and apple roll bites / £1.95 pp
quiche e.g. ricotta, mint and courgette (v) / £1.75 pp
spiced baked falafels (vg, gf) / £0.95 pp
vegetable samosa bites (v) / £0.95 pp
onion bhaji bites (v) / £0.95 pp
sweet potato bhaji bites (vg, gf) / £0.95 pp

CRISPS

selection of crisps e.g. parsnip, beetroot and sweet potato, sea salt, cracked black pepper, smokey barbecue / £0.95 pp

CONTACT

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Fresh  ***Eats***
BRISTOL

SANDWICH PLATTERS

SAMPLE MENU



THE BELOW PROVIDES YOU AN IDEA OF THE VARIOUS SANDWICH FILLINGS WE PROVIDE.

WE AIM TO CHANGE THESE FILLINGS AS MUCH AS POSSIBLE TO ENSURE YOU AND YOUR CLIENTS/GUESTS/TRAINEES DON'T GET BORED!

SANDWICHES

MEAT | PREMIUM

chicken breast, chorizo, emmental, cherry plum tomatoes and a tomato chilli chutney
barbecued pulled pork, coleslaw, crispy bacon bits and a smokey barbecue sauce
chicken breast, sweet potato pakora, red onion, cucumber and mango chutney
milano salami, creamy gorgonzola, peppery rocket and aioli
chicken breast, roasted garlic sage and red onion stuffing with cranberry mayo
pastrami, smoked ham, coleslaw, gherkins and american mustard
chicken breast, mozzarella, cherry plum tomatoes, fresh basil and tzatziki

MEAT | CLASSIC

smoked ham, west country cheddar and mustard mayo
chicken breast, cucumber, cherry plum tomatoes and mayo
smoked ham, cucumber, cherry plum tomatoes and mayo
coronation chicken with cherry plum tomatoes
tuna mayo with cracked black pepper and lemon zest
roast beef and horseradish/english mustard

VEGGIE | PREMIUM

kalamata olives, sun dried tomatoes, ricotta and sun blushed tomato and basil pesto
mozzarella, cherry plum tomatoes, fresh basil and tzatziki
roasted courgette, peppers and cherry tomatoes with crumbled feta
goats cheese, roasted peppers and sweet chilli sauce
slices of conference pear, gorgonzola, crushed walnuts and honey and mustard dressing

VEGGIE | CLASSIC

creamy egg mayo
west country cheddar and sweet pickle
west country cheddar, cherry plum tomatoes and mayo

VEGAN

red pepper hummus, baked spiced falafel, sun dried tomatoes and sweet chilli
sweet potato pakora, slices of red onion, cucumber and mango chutney
baby spinach, cherry plum tomatoes, roasted peppers and a black olive tapenade
coronation chickpea with cherry plum tomatoes
guacamole and sliced beetroot

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